

**AW** The ABCDs of How To Gently Communicate  
Every Step in Every Dance Unambiguously  
From Andrew Weitzen's  
How To Dance With a Partner

**Attitude:** Safety, everyone does their own dancing. Courtesy, do not tell anyone what to do. Comfort, say what you need. Teamwork, natural, freedom, clearly defined, easy, fast, universal.

**Balance:** Everyone maintains their own balance.

**Connection:** The woman maintains the connection. She maintains her frame when the connection moves horizontally.

**Direction:** The woman maintains her direction. Stop when blocked or at end of the connection. Straight, turn, circle. Go straight, turn, finish going straight. Stay on your line.

**Man:** Keep time with the music. Position the couple. Initiate the woman's movement.

**Woman:** Keep time with the man.  
Complete her movement.



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